

Medical Treatment Guidelines

Washington State Department of Labor and Industries

Review criteria for inpatient chronic pain clinic treatment

Review criteria for approval at the nurse reviewer level:

Multidisciplinary Chronic Pain Clinic treatment has been authorized by the claim manager;

AND

Impairment in functional status and ability to perform activities of daily living with at least 5 hours of inactivity per day due to pain;

AND

- Failed improvement in functional status in outpatient PT;
- AND
- Able to actively participate in comprehensive rehabilitation (PT, OT) including 3 or more hours per day, 5 days per week;

OR

Requires nursing service 24 hours per day;

AND

- Complex co-morbid condition such as, but not limited to, asthma, malignant hypertension, heart disease, or psychologically fragile;
- OR
- Failed outpatient withdrawal from controlled substances;
- OR
- History of seizures with prior attempts at medication withdrawal.

Date Introduced: January 2005.