

# Don't Fall for It

Hundreds of Washington state trucking industry workers are seriously injured every year from a slip, trip, or fall

These injuries don't just happen



***Identify it,  
deal with it***

## Preventing falls from loading docks

- Practice good housekeeping
- Look for marked floor transition at dock edges
- Replace barriers at dock openings after handling freight
- Use stairs or ladder to access dock level
- Identify hazards, eliminate them



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Trucking Injury Reduction Emphasis

[www.LNI.wa.gov/safety/research/trucking](http://www.LNI.wa.gov/safety/research/trucking)

Contact: \_\_\_\_\_ Phone: \_\_\_\_\_ To report any hazards.