

Tip Sheet



A series of health and safety tips to prevent work-related injuries in the trucking industry

BE SEEN

BE SAFE



www.KeepTruckingSafe.org

Each year trucking industry workers are injured and killed when hit by other drivers who do not see them. Make sure other drivers can see you by wearing a high visibility vest and making eye contact with drivers.

Employers - Consider giving employees a high visibility vest.

Employees - Wear your vest each time you exit your truck:

- In the company yard.
- At your customer's dock.
- On the side of the road.

BE SEEN - BE SAFE

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