

Fax completed forms to 360-902-5035

For Self-Insured claims, please check with the self-insured employer

## How activity coaching can help your patients

- Reducing psychosocial barriers to rehabilitation
- Promoting re-integration into life-role activities
- Increasing quality of life
- Facilitating return to work
- Preventing long-term disability

## Treatment process

If eligible, the client and activity coach meet weekly, for approximately an hour, for a maximum of 10 sessions. (Meetings may be telephonic). The Progressive Goal Attainment Program® (PGAP) is the standardized form of activity coaching supported by L&I. The initial stages focus on structured tasks to help the individual resume activities. The program's final stages focus on activities that facilitate re-integration into the workplace when feasible. Questions about the program? Call 360-902-6261 or visit <https://lni.wa.gov/coaching>.

## Patient Information

Patient name		L&I claim number
Phone number	City	Date of injury

## Eligibility Criteria

	True?
1. Not working or not working their usual hours.	<input type="checkbox"/>
2. Schedule allows enough time for activity coaching	<input type="checkbox"/>
Not working more than 4 hours per day	<input type="checkbox"/>
Not in another program more than 4 hours per day. E.g. work hardening or SIMP	<input type="checkbox"/>

## Attending Provider Section

Was activity coaching discussed with the worker? <input type="checkbox"/> Yes <input type="checkbox"/> No		
Activity Coach preference? <input type="checkbox"/> Yes      Name: _____		
Is there anything else you want us to know about your patient?		
Attending Provider's name	Phone number	Fax number
Attending Provider's signature		Today's date

## For Department use only

Therapy Services Reviewer: \_\_\_\_\_ Date: \_\_\_\_\_