

Suicides at Work in Construction,* 2018-2020

More construction workers have died by suicide at work in the last three years than workers in any other industry. The number of construction worker suicides at work increased each year.

INCIDENTS

- In 2018**
 - A siding installer died by suicide by hanging at a worksite.
- In 2019**
 - A plumber died by suicide by hanging at his place of employment.
 - A mason died by suicide by drug overdose at work.
- In 2020**
 - A roofer died by suicide by hanging at a worksite.
 - A construction company supervisor died by suicide by hanging at a work site.
 - A truck driver employed by an electrical power and communication line construction company died by suicide by gunshot in the parking lot of his employer.

According to the Centers for Disease Control and Prevention (CDC), male construction workers die by suicide at a significantly higher rate (45.3 per 100,000 persons) compared with workers in all industries combined (27.4 per 100,000 persons).

For the construction industry, mental health awareness and suicide prevention are just as important as preventing injuries. Construction company owners, managers, supervisors, trade associations, unions, and workers can take steps to save lives by addressing suicide prevention in the industry.

FOR HELP

- Text **HELLO to 741741**. Connect with a crisis counselor, who is trained to listen and offer sound advice.
- Get free and confidential emotional support in suicidal crisis from the [National Suicide Prevention Lifeline](#). 24 hours a day, 7 days a week.

OTHER RESOURCES

- A Construction Industry Blueprint: Suicide Prevention in the Workplace
www.theactionalliance.org/sites/default/files/suicide_prevention_in_the_workplace_-_final.pdf
- Construction Industry Alliance for Suicide Prevention
www.preventconstructionsuicide.com
- Associated General Contractors of Washington (AGCW) Suicide Prevention Resources
<https://www.agcwa.com/mental-health-and-suicide-prevention-resources/>
- Suicide Prevention Resources, CPWR, the Center for Construction Research and Training
www.cpwr.com/research/research-to-practice-r2p/r2p-library/other-resources-for-stakeholders/mental-health-addiction/suicide-prevention-resources
- Preventing Suicide, Centers for Disease Control and Prevention
www.cdc.gov/suicide/pdf/NCIPC-Suicide-FactSheet-508_FINAL.pdf

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