



## Time-Loss Cost of Living Adjustments for Injuries Occurring On or After July 1, 1971

### Increment/Cumulative Factors

Date of Injury	Dates for Cost of Living Adjustment Rates							
	7/1/86 – 6/30/87	7/1/87 – 6/30/88	7/1/88 – 6/30/89	7/1/89 – 6/30/90	7/1/90 – 6/30/91	7/1/91 – 6/30/92	7/1/92 – 6/30/93	7/1/93 – 6/30/94
7/1/71-6/30/72 (inc)	1.03355	1.03754	1.02201	1.03672	1.03955	1.04829	1.05718	1.06963
(cum)	2.40937	2.49981	2.55484	2.64864	2.75340	2.88637	3.05143	3.26387
7/1/72-6/30/73 (inc)	1.03355	1.03754	1.02201	1.03672	1.03955	1.04829	1.05718	1.06963
(cum)	2.29917	2.38547	2.43798	2.52749	2.62746	2.75435	2.91185	3.11458
7/1/73-6/30/74 (inc)	1.03355	1.03754	1.02201	1.03672	1.03955	1.04829	1.05718	1.06963
(cum)	2.22396	2.30744	2.35823	2.44481	2.54151	2.66425	2.81660	3.01270
7/1/74-6/30/75 (inc)	1.03355	1.03754	1.02201	1.03672	1.03955	1.04829	1.05718	1.06963
(cum)	2.08672	2.16505	2.21271	2.29395	2.38468	2.49984	2.64280	2.82679
7/1/75-6/30/76 (inc)	1.03355	1.03754	1.02201	1.03672	1.03955	1.04829	1.05718	1.06963
(cum)	1.94054	2.01338	2.05770	2.13332	2.21762	2.32472	2.45766	2.62876
7/1/76-6/30/77 (inc)	1.03355	1.03754	1.02201	1.03672	1.03955	1.04829	1.05718	1.06963
(cum)	1.77023	1.83668	1.87711	1.94603	2.02300	2.12070	2.24197	2.39805
7/1/77-6/30/78 (inc)	1.03355	1.03754	1.02201	1.03672	1.03955	1.04829	1.05718	1.06963
(cum)	1.65083	1.71280	1.85050	1.81477	1.88655	1.97766	2.09075	2.23630
7/1/78-6/30/79 (inc)	1.03355	1.03754	1.02201	1.03672	1.03955	1.04829	1.05718	1.06963
(cum)	1.53852	1.59627	1.63141	1.69130	1.75820	1.84311	1.94851	2.08416
7/1/79-6/30/80 (inc)	1.03355	1.03754	1.02201	1.03672	1.03955	1.04829	1.05718	1.06963
(cum)	1.44317	1.49734	1.53030	1.58648	1.64923	1.72888	1.82744	1.95499
7/1/80-6/30/81 (inc)	1.03355	1.03754	1.02201	1.03672	1.03955	1.04829	1.05718	1.06963
(cum)	1.31777	1.36724	1.39733	1.44863	1.50593	1.57866	1.66893	1.78512
7/1/81-6/30/82 (inc)	1.03355	1.03754	1.02201	1.03672	1.03955	1.04829	1.05718	1.06963
(cum)	1.20756	1.25289	1.28047	1.32748	1.37998	1.44663	1.52935	1.63583
7/1/82-6/30/83 (inc)	1.03355	1.03754	1.02201	1.03672	1.03955	1.04829	1.05718	1.06963
(cum)	1.10940	1.15105	1.17638	1.21957	1.26781	1.32904	1.40504	1.50286
7/1/83-6/30/84 (inc)	1.03355	1.03754	1.02201	1.03672	1.03955	1.04829	1.05718	1.06963
(cum)	1.06529	1.10528	1.12961	1.17108	1.21740	1.27620	1.34917	1.44310
7/1/84-6/30/85 (inc)	1.03355	1.03754	1.02201	1.03672	1.03955	1.04829	1.05718	1.06963
(cum)	1.05222	1.09172	1.11575	1.15671	1.20246	1.26053	1.33262	1.42539
7/1/85-6/30/86 (inc)	1.03355	1.03754	1.02201	1.03672	1.03955	1.04829	1.05718	1.06963
(cum)	1.03355	1.07235	1.09595	1.13619	1.18113	1.23817	1.30898	1.40011
7/1/86-6/30/87 (inc)		1.03754	1.02201	1.03672	1.03955	1.04829	1.05718	1.06963
(cum)		1.03754	1.06038	1.09930	1.14279	1.19798	1.26648	1.35465
7/1/87-6/30/88 (inc)			1.02201	1.03672	1.03955	1.04829	1.05718	1.06963
(cum)			1.02201	1.05953	1.10144	1.15463	1.22066	1.30564
7/1/88-6/30/89 (inc)				1.03672	1.03955	1.04829	1.05718	1.06963
(cum)				1.03672	1.07772	1.12977	1.19437	1.27754
7/1/89-6/30/90 (inc)					1.03955	1.04829	1.05718	1.06963
(cum)					1.03955	1.08975	1.15207	1.23230

## Time-Loss Cost of Living Adjustments for Injuries Occurring On or After July 1, 1971

### Increment/Cumulative Factors

Date of Injury	Dates for Cost of Living Adjustment Rates							
	7/1/94 – 6/30/95	7/1/95 – 6/30/96	7/1/96 – 6/30/97	7/1/97 – 6/30/98	7/1/98 – 6/30/99	7/1/99 – 6/30/00	7/1/00 – 6/30/01	7/1/01 – 6/30/02
<b>7/1/71-6/30/72 (inc)</b>	1.00703	1.02152	1.04255	1.05252	1.06592	1.07818	1.08362	1.03591
<b>(cum)</b>	3.28684	3.35757	3.50043	3.68427	3.92714	4.23415	4.58820	4.75296
<b>7/1/72-6/30/73 (inc)</b>	1.00703	1.02152	1.04255	1.05252	1.06592	1.07818	1.08362	1.03591
<b>(cum)</b>	3.13649	3.20398	3.34032	3.51573	3.74749	4.04045	4.37833	4.53554
<b>7/1/73-6/30/74 (inc)</b>	1.00703	1.02152	1.04255	1.05252	1.06592	1.07818	1.08362	1.03591
<b>(cum)</b>	3.03389	3.09917	3.23106	3.40073	3.62491	3.90829	4.23512	4.38718
<b>7/1/74-6/30/75 (inc)</b>	1.00703	1.02152	1.04255	1.05252	1.06592	1.07818	1.08362	1.03591
<b>(cum)</b>	2.84668	2.90794	3.03166	3.19089	3.40123	3.66713	3.97377	4.11647
<b>7/1/75-6/30/76 (inc)</b>	1.00703	1.02152	1.04255	1.05252	1.06592	1.07818	1.08362	1.03591
<b>(cum)</b>	2.64726	2.70422	2.81939	2.96734	3.16295	3.41021	3.69537	3.82807
<b>7/1/76-6/30/77 (inc)</b>	1.00703	1.02152	1.04255	1.05252	1.06592	1.07818	1.08362	1.03591
<b>(cum)</b>	2.41492	2.46688	2.57187	2.70691	2.88535	3.11092	3.37105	3.49210
<b>7/1/77-6/30/78 (inc)</b>	1.00703	1.02152	1.04255	1.05252	1.06592	1.07818	1.08362	1.03591
<b>(cum)</b>	2.25204	2.30050	2.39840	2.52434	2.69074	2.90110	3.14368	3.25657
<b>7/1/78-6/30/79 (inc)</b>	1.00703	1.02152	1.04255	1.05252	1.06592	1.07818	1.08362	1.03591
<b>(cum)</b>	2.09883	2.14399	2.23522	2.35260	2.50768	2.70373	2.92981	3.03502
<b>7/1/79-6/30/80 (inc)</b>	1.00703	1.02152	1.04255	1.05252	1.06592	1.07818	1.08362	1.03591
<b>(cum)</b>	1.96874	2.01110	2.09669	2.20678	2.35225	2.53614	2.74821	2.84690
<b>7/1/80-6/30/81 (inc)</b>	1.00703	1.02152	1.04255	1.05252	1.06592	1.07818	1.08362	1.03591
<b>(cum)</b>	1.79767	1.83635	1.91451	2.01502	2.14785	2.31576	2.50940	2.59951
<b>7/1/81-6/30/82 (inc)</b>	1.00703	1.02152	1.04255	1.05252	1.06592	1.07818	1.08362	1.03591
<b>(cum)</b>	1.64733	1.68278	1.75439	1.84652	1.96824	2.12211	2.29956	2.38214
<b>7/1/82-6/30/83 (inc)</b>	1.00703	1.02152	1.04255	1.05252	1.06592	1.07818	1.08362	1.03591
<b>(cum)</b>	1.51343	1.54599	1.61179	1.69642	1.80825	1.94960	2.11262	2.18848
<b>7/1/83-6/30/84 (inc)</b>	1.00703	1.02152	1.04255	1.05252	1.06592	1.07818	1.08362	1.03591
<b>(cum)</b>	1.45325	1.48452	1.54770	1.62896	1.73634	1.87208	2.02862	2.10147
<b>7/1/84-6/30/85 (inc)</b>	1.00703	1.02152	1.04255	1.05252	1.06592	1.07818	1.08362	1.03591
<b>(cum)</b>	1.43543	1.46632	1.52871	1.60899	1.71505	1.84913	2.00375	2.07570
<b>7/1/85-6/30/86 (inc)</b>	1.00703	1.02152	1.04255	1.05252	1.06592	1.07818	1.08362	1.03591
<b>(cum)</b>	1.40996	1.44030	1.50159	1.58044	1.68462	1.18632	1.96820	2.03888
<b>7/1/86-6/30/87 (inc)</b>	1.00703	1.02152	1.04255	1.05252	1.06592	1.07818	1.08362	1.03591
<b>(cum)</b>	1.36418	1.39353	1.45284	1.52912	1.62992	1.75734	1.90428	1.97266
<b>7/1/87-6/30/88 (inc)</b>	1.00703	1.02152	1.04255	1.05252	1.06592	1.07818	1.08362	1.03591
<b>(cum)</b>	1.31482	1.34311	1.40028	1.47379	1.57094	1.69375	1.83538	1.90129
<b>7/1/88-6/30/89 (inc)</b>	1.00703	1.02152	1.04255	1.05252	1.06592	1.07818	1.08362	1.03591
<b>(cum)</b>	1.28651	1.31419	1.37010	1.44205	1.53711	1.65728	1.79586	1.86035
<b>7/1/89-6/30/90 (inc)</b>	1.00703	1.02152	1.04255	1.05252	1.06592	1.07818	1.08362	1.03591
<b>(cum)</b>	1.24094	1.26764	1.32158	1.39097	1.48266	1.59857	1.73224	1.79444

## Time-Loss Cost of Living Adjustments for Injuries Occurring On or After July 1, 1971

### Increment/Cumulative Factors

Date of Injury	Dates for Cost of Living Adjustment Rates							
	7/1/02 – 6/30/03	7/1/03 – 6/30/04	7/1/04 – 6/30/05	7/1/05 – 6/30/06	7/1/06 – 6/30/07	7/1/07 – 6/30/08	7/1/08 – 6/30/09	7/1/09 – 6/30/10
7/1/71-6/30/72 (inc)	1.00921	1.01910	1.02251	1.00629	1.03450	1.05445	1.05018	1.03432
(cum)	4.79673	4.88834	4.99837	5.02982	5.20334	5.48666	5.76198	5.95973
7/1/72-6/30/73 (inc)	1.00921	1.01910	1.02251	1.00629	1.03450	1.05445	1.05018	1.03432
(cum)	4.57731	4.66473	4.76973	4.79972	4.96531	5.23567	5.49839	5.68709
7/1/73-6/30/74 (inc)	1.00921	1.01910	1.02251	1.00629	1.03450	1.05445	1.05018	1.03432
(cum)	4.42758	4.51214	4.61370	4.64272	4.80289	5.06440	5.31853	5.50106
7/1/74-6/30/75 (inc)	1.00921	1.01910	1.02251	1.00629	1.03450	1.05445	1.05018	1.03432
(cum)	4.15438	4.23372	4.32902	4.35623	4.50652	4.75190	4.99035	5.16161
7/1/75-6/30/76 (inc)	1.00921	1.01910	1.02251	1.00629	1.03450	1.05445	1.05018	1.03432
(cum)	3.86332	3.93710	4.02572	4.05104	4.19080	4.41899	4.64072	4.79999
7/1/76-6/30/77 (inc)	1.00921	1.01910	1.02251	1.00629	1.03450	1.05445	1.05018	1.03432
(cum)	3.52426	3.59157	3.67241	3.69550	3.82299	4.03115	4.23343	4.37872
7/1/77-6/30/78 (inc)	1.00921	1.01910	1.02251	1.00629	1.03450	1.05445	1.05018	1.03432
(cum)	3.28656	3.34933	3.42472	3.44627	3.56516	3.75928	3.94792	4.08341
7/1/78-6/30/79 (inc)	1.00921	1.01910	1.02251	1.00629	1.03450	1.05445	1.05018	1.03432
(cum)	3.06297	3.12147	3.19173	3.21179	3.32259	3.50350	3.67930	3.80557
7/1/79-6/30/80 (inc)	1.00921	1.01910	1.02251	1.00629	1.03450	1.05445	1.05018	1.03432
(cum)	2.87311	2.92798	2.99388	3.01271	3.11664	3.28634	3.45124	3.56968
7/1/80-6/30/81 (inc)	1.00921	1.01910	1.02251	1.00629	1.03450	1.05445	1.05018	1.03432
(cum)	2.62345	2.67355	2.73373	2.75092	2.84582	3.00077	3.15134	3.25949
7/1/81-6/30/82 (inc)	1.00921	1.01910	1.02251	1.00629	1.03450	1.05445	1.05018	1.03432
(cum)	2.40407	2.44998	2.50512	2.52086	2.60783	2.74982	2.88780	2.98690
7/1/82-6/30/83 (inc)	1.00921	1.01910	1.02251	1.00629	1.03450	1.05445	1.05018	1.03432
(cum)	2.20863	2.25081	2.30147	2.31594	2.39584	2.52629	2.65305	2.74410
7/1/83-6/30/84 (inc)	1.00921	1.01910	1.02251	1.00629	1.03450	1.05445	1.05018	1.03432
(cum)	2.12082	2.16132	2.20997	2.22386	2.30058	2.42584	2.54756	2.63499
7/1/84-6/30/85 (inc)	1.00921	1.01910	1.02251	1.00629	1.03450	1.05445	1.05018	1.03432
(cum)	2.09481	2.13482	2.18287	2.19660	2.27238	2.39611	2.51634	2.60270
7/1/85-6/30/86 (inc)	1.00921	1.01910	1.02251	1.00629	1.03450	1.05445	1.05018	1.03432
(cum)	2.05765	2.09695	2.14415	2.15762	2.23205	2.35358	2.47168	2.55650
7/1/86-6/30/87 (inc)	1.00921	1.01910	1.02251	1.00629	1.03450	1.05445	1.05018	1.03432
(cum)	1.99082	2.02884	2.07450	2.08754	2.15956	2.27714	2.39140	2.47347
7/1/87-6/30/88 (inc)	1.00921	1.01910	1.02251	1.00629	1.03450	1.05445	1.05018	1.03432
(cum)	1.91880	1.95544	1.99945	2.01201	2.08142	2.19475	2.30488	2.38398
7/1/88-6/30/89 (inc)	1.00921	1.01910	1.02251	1.00629	1.03450	1.05445	1.05018	1.03432
(cum)	1.87748	1.91333	1.95640	1.96869	2.03661	2.14750	2.25526	2.33266
7/1/89-6/30/90 (inc)	1.00921	1.01910	1.02251	1.00629	1.03450	1.05445	1.05018	1.03432
(cum)	1.81096	1.84554	1.88708	1.89895	1.96446	2.07142	2.17536	2.25001

## Time-Loss Cost of Living Adjustments for Injuries Occurring On or After July 1, 1971

### Increment/Cumulative Factors

\* Per [RCW 51.32.075](#) there is no COLA for the period from 7/1/11 through 6/30/12

*Note: This does not apply to minimum or maximum time-loss rates; instead use the [Minimum Time-Loss Rates](#) chart or the [Maximum Time-Loss Rates](#) chart.*

Date of Injury	Dates for Cost of Living Adjustment Rates							
	7/1/10 – 6/30/11	7/1/11 – 6/30/12*	7/1/12 – 6/30/13	7/1/13 – 6/30/14	7/1/14 – 6/30/15	7/1/15 – 6/30/16	7/1/16 – 6/30/17	7/1/17– 6/30/18
7/1/71-6/30/72 (inc)	1.01939	1.00000	1.03596	1.03409	1.02016	1.04168	1.02633	1.04769
(cum)	6.07528	6.07528	6.29374	6.50829	6.63949	6.91622	7.09832	7.43683
7/1/72-6/30/73 (inc)	1.01939	1.00000	1.03596	1.03409	1.02016	1.04168	1.02633	1.04769
(cum)	5.79736	5.79736	6.00583	6.21056	6.33576	6.59983	6.77360	7.09663
7/1/73-6/30/74 (inc)	1.01939	1.00000	1.03596	1.03409	1.02016	1.04168	1.02633	1.04769
(cum)	5.60772	5.60772	5.80937	6.00741	6.12851	6.38394	6.55202	6.86448
7/1/74-6/30/75 (inc)	1.01939	1.00000	1.03596	1.03409	1.02016	1.04168	1.02633	1.04769
(cum)	5.26169	5.26169	5.45090	5.63672	5.75035	5.99002	6.14773	6.44091
7/1/75-6/30/76 (inc)	1.01939	1.00000	1.03596	1.03409	1.02016	1.04168	1.02633	1.04769
(cum)	4.89306	4.89306	5.06901	5.24181	5.34748	5.57036	5.71702	5.98966
7/1/76-6/30/77 (inc)	1.01939	1.00000	1.03596	1.03409	1.02016	1.04168	1.02633	1.04769
(cum)	4.46362	4.46362	4.62413	4.78176	4.87816	5.08148	5.21527	5.46398
7/1/77-6/30/78 (inc)	1.01939	1.00000	1.03596	1.03409	1.02016	1.04168	1.02633	1.04769
(cum)	4.16258	4.16258	4.31226	4.45926	4.54915	4.73875	4.86352	5.09546
7/1/78-6/30/79 (inc)	1.01939	1.00000	1.03596	1.03409	1.02016	1.04168	1.02633	1.04769
(cum)	3.87936	3.87936	4.01886	4.15586	4.23964	4.41634	4.53262	4.74878
7/1/79-6/30/80 (inc)	1.01939	1.00000	1.03596	1.03409	1.02016	1.04168	1.02633	1.04769
(cum)	3.63889	3.63889	3.76974	3.89825	3.97683	4.14258	4.25165	4.45441
7/1/80-6/30/81 (inc)	1.01939	1.00000	1.03596	1.03409	1.02016	1.04168	1.02633	1.04769
(cum)	3.32269	3.32269	3.44217	3.55951	3.63127	3.78262	3.88221	4.06735
7/1/81-6/30/82 (inc)	1.01939	1.00000	1.03596	1.03409	1.02016	1.04168	1.02633	1.04769
(cum)	3.04481	3.04481	3.15430	3.26183	3.32758	3.46627	3.55753	3.72718
7/1/82-6/30/83 (inc)	1.01939	1.00000	1.03596	1.03409	1.02016	1.04168	1.02633	1.04769
(cum)	2.79730	2.79730	2.89789	2.99667	3.05708	3.18449	3.26833	3.42419
7/1/83-6/30/84 (inc)	1.01939	1.00000	1.03596	1.03409	1.02016	1.04168	1.02633	1.04769
(cum)	2.68608	2.68608	2.78267	2.87753	2.93554	3.05789	3.13840	3.28807
7/1/84-6/30/85 (inc)	1.01939	1.00000	1.03596	1.03409	1.02016	1.04168	1.02633	1.04769
(cum)	2.65316	2.65316	2.74856	2.84225	2.89955	3.02040	3.09992	3.24775
7/1/85-6/30/86 (inc)	1.01939	1.00000	1.03596	1.03409	1.02016	1.04168	1.02633	1.04769
(cum)	2.60607	2.60607	2.69978	2.79181	2.84809	2.96679	3.04490	3.19011
7/1/86-6/30/87 (inc)	1.01939	1.00000	1.03596	1.03409	1.02016	1.04168	1.02633	1.04769
(cum)	2.52143	2.52143	2.61210	2.70114	2.75559	2.87044	2.94601	3.08650
7/1/87-6/30/88 (inc)	1.01939	1.00000	1.03596	1.03409	1.02016	1.04168	1.02633	1.04769
(cum)	2.43020	2.43020	2.51759	2.60341	2.65589	2.76658	2.83942	2.97483
7/1/88-6/30/89 (inc)	1.01939	1.00000	1.03596	1.03409	1.02016	1.04168	1.02633	1.04769
(cum)	2.37789	2.37789	2.46339	2.54736	2.59871	2.70702	2.77829	2.91078
7/1/89-6/30/90 (inc)	1.01939	1.00000	1.03596	1.03409	1.02016	1.04168	1.02633	1.04769
(cum)	2.29363	2.29363	2.37610	2.45710	2.50663	2.61110	2.67985	2.80765

## Time-Loss Cost of Living Adjustments for Injuries Occurring On or After July 1, 1971

### Increment/Cumulative Factors

Date of Injury	Dates for Cost of Living Adjustment Rates							
	7/1/18- 6/30/19	7/1/19- 6/30/20	7/1/20- 6/30/21	7/1/21- 6/30/22				
7/1/71-6/30/72 (inc)	1.04969	1.05516	1.06736	1.10101				
(cum)	7.80636	8.23695	8.79179	9.67984				
7/1/72-6/30/73 (inc)	1.04969	1.05516	1.06736	1.10101				
(cum)	7.44926	7.86016	8.38962	9.23705				
7/1/73-6/30/74 (inc)	1.04969	1.05516	1.06736	1.10101				
(cum)	7.20557	7.60302	8.11515	8.93486				
7/1/74-6/30/75 (inc)	1.04969	1.05516	1.06736	1.10101				
(cum)	6.76095	7.13388	7.61441	8.38354				
7/1/75-6/30/76 (inc)	1.04969	1.05516	1.06736	1.10101				
(cum)	6.28728	6.63408	7.08095	7.79619				
7/1/76-6/30/77 (inc)	1.04969	1.05516	1.06736	1.10101				
(cum)	5.73548	6.05184	6.45949	7.11196				
7/1/77-6/30/78 (inc)	1.04969	1.05516	1.06736	1.10101				
(cum)	5.34865	5.64368	6.02383	6.63229				
7/1/78-6/30/79 (inc)	1.04969	1.05516	1.06736	1.10101				
(cum)	4.98474	5.25969	5.61398	6.18104				
7/1/79-6/30/80 (inc)	1.04969	1.05516	1.06736	1.10101				
(cum)	4.67574	4.93364	5.26596	5.79787				
7/1/80-6/30/81 (inc)	1.04969	1.05516	1.06736	1.10101				
(cum)	4.26945	4.50495	4.80840	5.29409				
7/1/81-6/30/82 (inc)	1.04969	1.05516	1.06736	1.10101				
(cum)	3.91238	4.12818	4.40625	4.85132				
7/1/82-6/30/83 (inc)	1.04969	1.05516	1.06736	1.10101				
(cum)	3.59433	3.79259	4.04805	4.45694				
7/1/83-6/30/84 (inc)	1.04969	1.05516	1.06736	1.10101				
(cum)	3.45145	3.64183	3.88714	4.27978				
7/1/84-6/30/85 (inc)	1.04969	1.05516	1.06736	1.10101				
(cum)	3.40913	3.59717	3.83947	4.22729				
7/1/85-6/30/86 (inc)	1.04969	1.05516	1.06736	1.10101				
(cum)	3.34862	3.53332	3.77132	4.15226				
7/1/86-6/30/87 (inc)	1.04969	1.05516	1.06736	1.10101				
(cum)	3.23986	3.41857	3.64884	4.01740				
7/1/87-6/30/88 (inc)	1.04969	1.05516	1.06736	1.10101				
(cum)	3.12264	3.29488	3.51682	3.87205				
7/1/88-6/30/89 (inc)	1.04969	1.05516	1.06736	1.10101				
(cum)	3.05541	3.22394	3.44110	3.78868				
7/1/89-6/30/90 (inc)	1.04969	1.05516	1.06736	1.10101				
(cum)	2.94716	3.10972	3.31919	3.65446				

**Time-Loss Cost of Living Adjustments  
for Injuries Occurring On or After July 1, 1971**

**Increment/Cumulative Factors**

Date of Injury	Dates for Cost of Living Adjustment Rates							
	7/1/91 – 6/30/92	7/1/92 – 6/30/93	7/1/93 – 6/30/94	7/1/94 – 6/30/95	7/1/95 – 6/30/96	7/1/96 – 6/30/97	7/1/97 – 6/30/98	7/1/98 – 6/30/99
<b>7/1/90-6/30/91 (inc)</b>	1.04829	1.05718	1.06963	1.00703	1.02152	1.04255	1.05252	1.06592
<b>(cum)</b>	1.04829	1.10824	1.18541	1.19373	1.21941	1.27130	1.33805	1.42625
<b>7/1/91-6/30/92 (inc)</b>		1.05718	1.06963	1.00703	1.02152	1.04255	1.05252	1.06592
<b>(cum)</b>		1.05718	1.13080	1.13873	1.16323	1.21273	1.27641	1.36055
<b>7/1/92-6/30/93 (inc)</b>			1.06963	1.00703	1.02152	1.04255	1.05252	1.06592
<b>(cum)</b>			1.06963	1.07714	1.10032	1.14713	1.20737	1.28696
<b>7/1/93-6/30/94 (inc)</b>				1.00703	1.02152	1.04255	1.05252	1.06592
<b>(cum)</b>				1.00703	1.02870	1.07247	1.12879	1.20320
<b>7/1/94-6/30/95 (inc)</b>					1.02152	1.04255	1.05252	1.06592
<b>(cum)</b>					1.02152	1.06498	1.12091	1.19480
<b>7/1/95-6/30/96 (inc)</b>						1.04255	1.05252	1.06592
<b>(cum)</b>						1.04255	1.09730	1.16963
<b>7/1/96-6/30/97 (inc)</b>							1.05252	1.06592
<b>(cum)</b>							1.05252	1.12190
<b>7/1/97-6/30/98 (inc)</b>								1.06592
<b>(cum)</b>								1.06592

## Time-Loss Cost of Living Adjustments for Injuries Occurring On or After July 1, 1971

### Increment/Cumulative Factors

Date of Injury	Dates for Cost of Living Adjustment Rates							
	7/1/99 – 6/30/00	7/1/00 – 6/30/01	7/1/01 – 6/30/02	7/1/02 – 6/30/03	7/1/03 – 6/30/04	7/1/04 – 6/30/05	7/1/05 – 6/30/06	7/1/06 – 6/30/07
<b>7/1/90-6/30/91 (inc)</b>	1.07818	1.08362	1.03591	1.00921	1.01910	1.02251	1.00629	1.03450
<b>(cum)</b>	1.53775	1.66634	1.72618	1.74207	1.77534	1.81530	1.82669	1.88971
<b>7/1/91-6/30/92 (inc)</b>	1.07818	1.08362	1.03591	1.00921	1.01910	1.02251	1.00629	1.03450
<b>(cum)</b>	1.46691	1.58957	1.64665	1.66181	1.69355	1.73167	1.74256	1.80267
<b>7/1/92-6/30/93 (inc)</b>	1.07818	1.08362	1.03591	1.00921	1.01910	1.02251	1.00629	1.03450
<b>(cum)</b>	1.38757	1.50360	1.55759	1.57193	1.60195	1.63801	1.64830	1.70516
<b>7/1/93-6/30/94 (inc)</b>	1.07818	1.08362	1.03591	1.00921	1.01910	1.02251	1.00629	1.03450
<b>(cum)</b>	1.29726	1.40574	1.45622	1.46963	1.49769	1.53141	1.54103	1.59419
<b>7/1/94-6/30/95 (inc)</b>	1.07818	1.08362	1.03591	1.00921	1.01910	1.02251	1.00629	1.03450
<b>(cum)</b>	1.28820	1.39592	1.44605	1.45936	1.48723	1.52070	1.53024	1.58303
<b>7/1/95-6/30/96 (inc)</b>	1.07818	1.08362	1.03591	1.00921	1.01910	1.02251	1.00629	1.03450
<b>(cum)</b>	1.26107	1.36652	1.41559	1.42862	1.45590	1.48867	1.49803	1.54971
<b>7/1/96-6/30/97 (inc)</b>	1.07818	1.08362	1.03591	1.00921	1.01910	1.02251	1.00629	1.03450
<b>(cum)</b>	1.20961	1.31076	1.35783	1.37033	1.39650	1.42793	1.43689	1.48646
<b>7/1/97-6/30/98 (inc)</b>	1.07818	1.08362	1.03591	1.00921	1.01910	1.02251	1.00629	1.03450
<b>(cum)</b>	1.14925	1.24535	1.29007	1.30195	1.32681	1.35667	1.36520	1.41229
<b>7/1/98-6/30/99 (inc)</b>	1.07818	1.08362	1.03591	1.00921	1.01910	1.02251	1.00629	1.03450
<b>(cum)</b>	1.07818	1.16834	1.21030	1.22144	1.24476	1.27279	1.28075	1.32493
<b>7/1/99-6/30/00 (inc)</b>		1.08362	1.03591	1.00921	1.01910	1.02251	1.00629	1.03450
<b>(cum)</b>		1.08362	1.12253	1.13286	1.15449	1.18047	1.18789	1.22887
<b>7/1/00-6/30/01 (inc)</b>			1.03591	1.00921	1.01910	1.02251	1.00629	1.03450
<b>(cum)</b>			1.03591	1.04545	1.06541	1.08939	1.09624	1.13406
<b>7/1/01-6/30/02 (inc)</b>				1.00921	1.01910	1.02251	1.00629	1.03450
<b>(cum)</b>				1.00921	1.02848	1.05163	1.05824	1.09474
<b>7/1/02-6/30/03 (inc)</b>					1.01910	1.02251	1.00629	1.03450
<b>(cum)</b>					1.01910	1.04204	1.04859	1.08476
<b>7/1/03-6/30/04 (inc)</b>						1.02251	1.00629	1.03450
<b>(cum)</b>						1.02251	1.02894	1.06443
<b>7/1/04-6/30/05 (inc)</b>							1.00629	1.03450
<b>(cum)</b>							1.00629	1.04100
<b>7/1/05-6/30/06 (inc)</b>								1.03450
<b>(cum)</b>								1.03450



## Time-Loss Cost of Living Adjustments for Injuries Occurring On or After July 1, 1971

### Increment/Cumulative Factors

\* Per [RCW 51.32.075](#) there is no COLA for the period from 7/1/11 through 6/30/12

*Note: This does not apply to minimum or maximum time-loss rates; instead use the [Minimum Time-Loss Rates](#) chart or the [Maximum Time-Loss Rates](#) chart.*

Date of Injury	Dates for Cost of Living Adjustment Rates							
	7/1/07 – 6/30/08	7/1/08 – 6/30/09	7/1/09 – 6/30/10	7/1/10 – 6/30/11	7/1/11 – 6/30/12*	7/1/12 – 6/30/13	7/1/13 – 6/30/14	7/1/14 – 6/30/15
<b>7/1/90-6/30/91 (inc)</b>	1.05445	1.05018	1.03432	1.01939	1.00000	1.03596	1.03409	1.02016
<b>(cum)</b>	1.99260	2.09258	2.16439	2.20635	2.20635	2.28569	2.36360	2.41125
<b>7/1/91-6/30/92 (inc)</b>	1.05445	1.05018	1.03432	1.01939	1.00000	1.03596	1.03409	1.02016
<b>(cum)</b>	1.90082	1.99620	2.06471	2.10474	2.10474	2.18042	2.25475	2.30020
<b>7/1/92-6/30/93 (inc)</b>	1.05445	1.05018	1.03432	1.01939	1.00000	1.03596	1.03409	1.02016
<b>(cum)</b>	1.79800	1.88822	1.95302	1.99088	1.99088	2.06247	2.13278	2.17577
<b>7/1/93-6/30/94 (inc)</b>	1.05445	1.05018	1.03432	1.01939	1.00000	1.03596	1.03409	1.02016
<b>(cum)</b>	1.68099	1.76534	1.82592	1.86132	1.86132	1.92825	1.99398	2.03417
<b>7/1/94-6/30/95 (inc)</b>	1.05445	1.05018	1.03432	1.01939	1.00000	1.03596	1.03409	1.02016
<b>(cum)</b>	1.66922	1.75298	1.81314	1.84829	1.84829	1.91475	1.98002	2.01993
<b>7/1/95-6/30/96 (inc)</b>	1.05445	1.05018	1.03432	1.01939	1.00000	1.03596	1.03409	1.02016
<b>(cum)</b>	1.63409	1.71608	1.77497	1.80938	1.80938	1.87444	1.93834	1.97741
<b>7/1/96-6/30/97 (inc)</b>	1.05445	1.05018	1.03432	1.01939	1.00000	1.03596	1.03409	1.02016
<b>(cum)</b>	1.56739	1.64604	1.70253	1.73554	1.73554	1.79795	1.85924	1.89672
<b>7/1/97-6/30/98 (inc)</b>	1.05445	1.05018	1.03432	1.01939	1.00000	1.03596	1.03409	1.02016
<b>(cum)</b>	1.48918	1.56390	1.61757	1.64893	1.64893	1.70822	1.76645	1.80206
<b>7/1/98-6/30/99 (inc)</b>	1.05445	1.05018	1.03432	1.01939	1.00000	1.03596	1.03409	1.02016
<b>(cum)</b>	1.39707	1.46717	1.51752	1.54694	1.54694	1.60256	1.65719	1.69059
<b>7/1/99-6/30/00 (inc)</b>	1.05445	1.05018	1.03432	1.01939	1.00000	1.03596	1.03409	1.02016
<b>(cum)</b>	1.29578	1.36080	1.40750	1.43479	1.43479	1.48638	1.53705	1.56803
<b>7/1/00-6/30/01 (inc)</b>	1.05445	1.05018	1.03432	1.01939	1.00000	1.03596	1.03409	1.02016
<b>(cum)</b>	1.19581	1.25581	1.29890	1.32408	1.32408	1.37169	1.41845	1.44704
<b>7/1/01-6/30/02 (inc)</b>	1.05445	1.05018	1.03432	1.01939	1.00000	1.03596	1.03409	1.02016
<b>(cum)</b>	1.15434	1.21226	1.25386	1.27817	1.27817	1.32413	1.36927	1.39687
<b>7/1/02-6/30/03 (inc)</b>	1.05445	1.05018	1.03432	1.01939	1.00000	1.03596	1.03409	1.02016
<b>(cum)</b>	1.14382	1.20121	1.24243	1.26652	1.26652	1.31206	1.35678	1.38413
<b>7/1/03-6/30/04 (inc)</b>	1.05445	1.05018	1.03432	1.01939	1.00000	1.03596	1.03409	1.02016
<b>(cum)</b>	1.12238	1.17870	1.21915	1.24278	1.24278	1.28747	1.33136	1.35820
<b>7/1/04-6/30/05 (inc)</b>	1.05445	1.05018	1.03432	1.01939	1.00000	1.03596	1.03409	1.02016
<b>(cum)</b>	1.09768	1.15276	1.19232	1.21543	1.21543	1.25913	1.30205	1.32829
<b>7/1/05-6/30/06 (inc)</b>	1.05445	1.05018	1.03432	1.01939	1.00000	1.03596	1.03409	1.02016
<b>(cum)</b>	1.09082	1.14555	1.18486	1.20783	1.20783	1.25126	1.29391	1.31999
<b>7/1/06-6/30/07 (inc)</b>	1.05445	1.05018	1.03432	1.01939	1.00000	1.03596	1.03409	1.02016
<b>(cum)</b>	1.05445	1.10736	1.14536	1.16756	1.16756	1.20954	1.25077	1.27598
<b>7/1/07-6/30/08 (inc)</b>		1.05018	1.03432	1.01939	1.00000	1.03596	1.03409	1.02016
<b>(cum)</b>		1.05018	1.08622	1.10728	1.10728	1.14709	1.18619	1.21010
<b>7/1/08-6/30/09 (inc)</b>			1.03432	1.01939	1.00000	1.03596	1.03409	1.02016
<b>(cum)</b>			1.03432	1.05437	1.05437	1.09228	1.12951	1.15228
<b>7/1/09-6/30/10 (inc)</b>				1.01939	1.00000	1.03596	1.03409	1.02016
<b>(cum)</b>				1.01939	1.01939	1.05604	1.09204	1.11405

## Time-Loss Cost of Living Adjustments for Injuries Occurring On or After July 1, 1971

### Increment/Cumulative Factors

Date of Injury	Dates for Cost of Living Adjustment Rates							
	7/1/15 – 6/30/16	7/1/16 – 6/30/17	7/1/17– 6/30/18	7/1/18– 6/30/19	7/1/19- 6/30/20	7/1/20- 6/30/21	7/1/21- 6/30/22	
7/1/90-6/30/91 (inc)	1.04168	1.02633	1.04769	1.04969	1.05516	1.06736	1.10101	
(cum)	2.51175	2.57788	2.70081	2.83501	2.99138	3.19287	3.51538	
7/1/91-6/30/92 (inc)	1.04168	1.02633	1.04769	1.04969	1.05516	1.06736	1.10101	
(cum)	2.39607	2.45915	2.57642	2.70444	2.85361	3.04582	3.35347	
7/1/92-6/30/93 (inc)	1.04168	1.02633	1.04769	1.04969	1.05516	1.06736	1.10101	
(cum)	2.26645	2.32612	2.43705	2.55814	2.69924	2.88106	3.17207	
7/1/93-6/30/94 (inc)	1.04168	1.02633	1.04769	1.04969	1.05516	1.06736	1.10101	
(cum)	2.11895	2.17474	2.27845	2.39166	2.52358	2.69356	2.96563	
7/1/94-6/30/95 (inc)	1.04168	1.02633	1.04769	1.04969	1.05516	1.06736	1.10101	
(cum)	2.10412	2.15952	2.26250	2.37492	2.50592	2.67471	2.94488	
7/1/95-6/30/96 (inc)	1.04168	1.02633	1.04769	1.04969	1.05516	1.06736	1.10101	
(cum)	2.05982	2.11405	2.21486	2.32491	2.45315	2.61839	2.88287	
7/1/96-6/30/97 (inc)	1.04168	1.02633	1.04769	1.04969	1.05516	1.06736	1.10101	
(cum)	1.97577	2.02779	2.12449	2.23005	2.35305	2.51155	2.76524	
7/1/97-6/30/98 (inc)	1.04168	1.02633	1.04769	1.04969	1.05516	1.06736	1.10101	
(cum)	1.87716	1.92658	2.01845	2.11874	2.23560	2.38619	2.62721	
7/1/98-6/30/99 (inc)	1.04168	1.02633	1.04769	1.04969	1.05516	1.06736	1.10101	
(cum)	1.76105	1.80741	1.89360	1.98769	2.09733	2.23860	2.46472	
7/1/99-6/30/00 (inc)	1.04168	1.02633	1.04769	1.04969	1.05516	1.06736	1.10101	
(cum)	1.63338	1.67638	1.75632	1.84359	1.94528	2.07631	2.28603	
7/1/00-6/30/01 (inc)	1.04168	1.02633	1.04769	1.04969	1.05516	1.06736	1.10101	
(cum)	1.50735	1.54703	1.62080	1.70133	1.79517	1.91609	2.10963	
7/1/01-6/30/02 (inc)	1.04168	1.02633	1.04769	1.04969	1.05516	1.06736	1.10101	
(cum)	1.45509	1.49340	1.56462	1.64236	1.73295	1.84968	2.03651	
7/1/02-6/30/03 (inc)	1.04168	1.02633	1.04769	1.04969	1.05516	1.06736	1.10101	
(cum)	1.44182	1.47978	1.55035	1.62738	1.71714	1.83280	2.01793	
7/1/03-6/30/04 (inc)	1.04168	1.02633	1.04769	1.04969	1.05516	1.06736	1.10101	
(cum)	1.41480	1.45205	1.52129	1.59688	1.68496	1.79845	1.98011	
7/1/04-6/30/05 (inc)	1.04168	1.02633	1.04769	1.04969	1.05516	1.06736	1.10101	
(cum)	1.38365	1.42008	1.48780	1.56172	1.64786	1.75885	1.93651	
7/1/05-6/30/06 (inc)	1.04168	1.02633	1.04769	1.04969	1.05516	1.06736	1.10101	
(cum)	1.37500	1.41120	1.47850	1.55196	1.63756	1.74786	1.92441	
7/1/06-6/30/07 (inc)	1.04168	1.02633	1.04769	1.04969	1.05516	1.06736	1.10101	
(cum)	1.32916	1.36415	1.42920	1.50021	1.58296	1.68958	1.86024	
7/1/07-6/30/08 (inc)	1.04168	1.02633	1.04769	1.04969	1.05516	1.06736	1.10101	
(cum)	1.26053	1.29371	1.35540	1.42274	1.50121	1.60233	1.76418	
7/1/08-6/30/09 (inc)	1.04168	1.02633	1.04769	1.04969	1.05516	1.06736	1.10101	
(cum)	1.20030	1.23190	1.29064	1.35477	1.42949	1.52578	1.67989	
7/1/09-6/30/10 (inc)	1.04168	1.02633	1.04769	1.04969	1.05516	1.06736	1.10101	
(cum)	1.16048	1.19103	1.24783	1.30983	1.38208	1.47517	1.62417	

## Time-Loss Cost of Living Adjustments for Injuries Occurring On or After July 1, 1971

### Increment/Cumulative Factors

\* Per [RCW 51.32.075](#) there is no COLA for the period from 7/1/11 through 6/30/12

\*\* Per [RCW 51.32.075](#) there will be no cost of living adjustment to time-loss rates for dates of injury on or after July 1, 2011 until the 2<sup>nd</sup> July after the date of injury.

**Note:** *These conditions do not apply to minimum or maximum time-loss rates; instead use the [Minimum Time-Loss Rates](#) chart or the [Maximum Time-Loss Rates](#) chart.*

Date of Injury	Dates for Cost of Living Adjustment Rates							
	7/1/11 – 6/30/12*	7/1/12 - 6/30/13	7/1/13 - 6/30/14	7/1/14 - 6/30/15	7/1/15 - 6/30/16	7/1/16 – 6/30/17	7/1/17– 6/30/18	7/1/18- 6/30/19
<b>7/1/10-6/30/11 (inc)</b>	1.00000	1.03596	1.03409	1.02016	1.04168	1.02633	1.04769	1.04969
<b>(cum)</b>	1.00000	1.03596	1.07127	1.09286	1.13841	1.16838	1.22410	1.28492
<b>7/1/11-6/30/12 (inc)</b>		1.00000	1.03409	1.02016	1.04168	1.02633	1.04769	1.04969
<b>** (cum)</b>		1.00000	1.03409	1.05493	1.09889	1.12782	1.18160	1.24031
<b>7/1/12-6/30/13 (inc)</b>			1.00000	1.02016	1.04168	1.02633	1.04769	1.04969
<b>** (cum)</b>			1.00000	1.02016	1.06268	1.09066	1.14267	1.19944
<b>7/1/13-6/30/14 (inc)</b>				1.00000	1.04168	1.02633	1.04769	1.04969
<b>** (cum)</b>				1.00000	1.04168	1.06910	1.12008	1.17573
<b>7/1/14-6/30/15 (inc)</b>					1.00000	1.02633	1.04769	1.04969
<b>** (cum)</b>					1.00000	1.02633	1.07527	1.12870
<b>7/1/15-6/30/16 (inc)</b>						1.00000	1.04769	1.04969
<b>** (cum)</b>						1.00000	1.04769	1.09974
<b>7/1/16-6/30/17 (inc)</b>							1.00000	1.04969
<b>** (cum)</b>							1.00000	1.04969
<b>7/1/17-6/30/18 (inc)</b>								1.00000
<b>** (cum)</b>								1.00000

## Time-Loss Cost of Living Adjustments for Injuries Occurring On or After July 1, 1971

### Increment/Cumulative Factors

\* Per [RCW 51.32.075](#) there is no COLA for the period from 7/1/11 through 6/30/12

\*\* Per [RCW 51.32.075](#) there will be no cost of living adjustment to time-loss rates for dates of injury on or after July 1, 2011 until the 2<sup>nd</sup> July after the date of injury.

**Note:** *These conditions do not apply to minimum or maximum time-loss rates; instead use the [Minimum Time-Loss Rates](#) chart or the [Maximum Time-Loss Rates](#) chart.*

Date of Injury	Dates for Cost of Living Adjustment Rates						
	7/1/19 – 6/30/20	7/1/20- 6/30/21	7/1/21- 6/30/22				
7/1/10-6/30/11 (inc)	1.05516	1.06736	1.10101				
(cum)	1.35579	1.44711	1.59328				
7/1/11-6/30/12 (inc)	1.05516	1.06736	1.10101				
** (cum)	1.30872	1.39687	1.53796				
7/1/12-6/30/13 (inc)	1.05516	1.06736	1.10101				
** (cum)	1.26560	1.35085	1.48729				
7/1/13-6/30/14 (inc)	1.05516	1.06736	1.10101				
** (cum)	1.24058	1.32414	1.45789				
7/1/14-6/30/15 (inc)	1.05516	1.06736	1.10101				
** (cum)	1.19095	1.27117	1.39957				
7/1/15-6/30/16 (inc)	1.05516	1.06736	1.10101				
** (cum)	1.16040	1.23856	1.36366				
7/1/16-6/30/17 (inc)	1.05516	1.06736	1.10101				
** (cum)	1.10759	1.18219	1.30160				
7/1/17-6/30/18 (inc)	1.05516	1.06736	1.10101				
** (cum)	1.05516	1.12623	1.23999				
7/1/18-6/30/19 (inc)	1.00000	1.06736	1.10101				
** (cum)	1.00000	1.06736	1.17517				
7/1/19-6/30/20 (inc)		1.00000	1.10101				
** (cum)		1.00000	1.10101				
7/1/20-6/30/21 (inc)			1.00000				
** (cum)			1.00000				