

### **Psychologists as Attending Providers** *Q&A Session*



# Agenda

- Introduction to Dr. Jennifer Jutte, Associate Medical Director for Psychology
- Basics of the upcoming changes
- Required actions
- Answers to frequently asked questions
- Open Q&A session all questions related to this change are welcome

## Jennifer Jutte, PhD, ABPP, MPH

### Associate Medical Director for Psychology New Leadership Role That Includes:

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\*ONC = Occupational Nurse Consultant

Washington State Department of Labor & Industries

### Mental Health in Workers' Compensation

- Mental and behavioral healthcare are insufficient across workers' compensation systems
- Labor & Industries is leading the charge to address this issue in several important ways:
  - Researching gaps in mental healthcare while also learning from systems across the United States and internationally
  - Collaborating with the statutory Industrial Insurance Medical Advisory Committee (IIMAC) to address clinical issues
  - Hiring the first psychologist into the Office of the Medical Director (OMD)

# What's Changing?

- In 2023, per agency request, legislators introduced HB1197 (RCW 51.08.200)
- Amendment to RCW 51.08.200 changes the definition of "attending provider"
  - Adds state licensed psychologists as attending providers for claims solely for mental health conditions
- What this means for psychologists
  - Parity with medical colleagues
  - Expanded access for underserved patients
  - Allows psychologists to lead care for workers

# **New Requirements for Psychologists**

- WAC 296-20-01010 All providers who can be attending providers are required to join the Medical Provider Network (MPN).
- The credentialing process ensures high quality providers are delivering care to workers.
- Psychologists must enroll in the MPN to:
  - Provide ongoing treatment (beyond initial visits) for injured workers
  - Be eligible for payments and authorizations
  - Serve in the Attending Provider role

# Attending Provider (AP) Role

- Psychologists may serve as the AP on claims solely for mental health conditions
  - No physical conditions are/or have been present

### Role responsibilities

- Initiate claims solely for mental health conditions and educate workers about their benefits
- Provide direct patient care and expedite return to work
- Coordinate workers' care with other providers
- Define work capabilities and restrictions
- Report on workers' progress

### **Important Dates**

- June 30, 2025
  - Psychologists must enroll to avoid authorization and payment denials for current care
- After June 30, 2025 you can still join the MPN to treat workers and be an AP, however you may not treat until your application has been approved
- July 1, 2025 change goes into effect
  - Can serve as AP

### **Available Resources**

- Billing Workshops
- Medical Aid Rules and Fee Schedules (MARFS)
- Mental Health Quick Reference Card
- Mental Health Services web page
- <u>Neuropsychological & Psychological Testing and Evaluation Quick Reference</u> <u>Card</u>
- Provider Accounts and Credentialing Enrollment
- Provider Support and Outreach
  - <u>ProviderSupport@Lni.wa.gov</u>
- Psychologists as AP web page
- PsychologistAP@Lni.wa.gov

## **Frequently Asked Questions**

#### • Can I treat workers if I'm not part of the MPN?

• No. You may not. However, you can provide an initial visit for claims solely for mental health conditions which allows you to file the Report of Accident (ROA - for State Fund claims) or the Self-Insurance Accident Report (SIF-2). If the worker needs treatment or ongoing care, they must transfer to an MPN psychologist.

### Do I have to be the attending provider to treat a worker?

- No. Serving as the attending provider is optional. However, all psychologists must join the MPN to provide treatment beyond the initial visit.
- Are referrals and authorizations required for mental health initial visits and ongoing care?
  - Referrals and authorizations are not required for the initial visit. Treatment after the initial visit requires 90-day preauthorizations where the mental health provider must substantiate the need for continued treatment and request authorization.

### **Questions?**



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