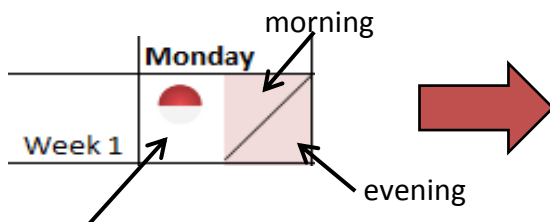


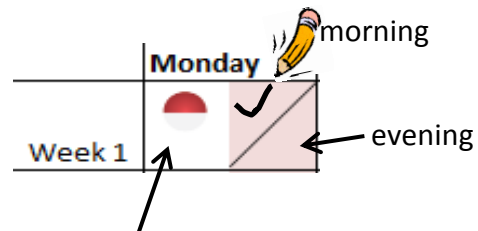
Twice Daily Dosing Benzodiazepine Taper - 16 Weeks EMPOWER Study

Patient Name:	Weeks 1-4: disp 42 tablets Weeks 5-8: disp 26 tablets Weeks 9-12: disp 22 tablets
Patient Medication:	Weeks 13-16: disp 10 tablets Total : # 100 tablets needed

Instructions:












































































































Take half of my normal dose in the morning and half of my normal dose in the evening on Monday during Week 1.



I took half of my normal dose in the morning but forgot to take half of my normal dose in the evening (leave box empty) on Monday during Week 1.

	Full Dose		Half Dose		Quarter Dose		No Dose
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 **Full Dose**
  **Half Dose**
  **Quarter Dose**
  **No Dose**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1-4 42 tabs							
Week 2							
Week 3							
Week 4							
Week 5-8 26 tabs							
Week 6							
Week 7							
Week 8							
Week 9-12 22 tabs							
Week 10							
Week 11							
Week 12							
Week 13-16 10 tabs							
Week 14							
Week 15							
Week 16	