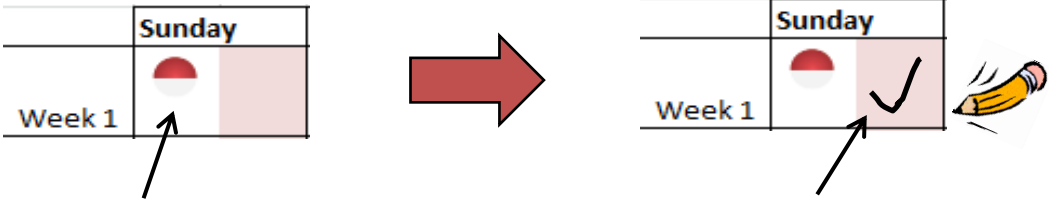


Once Daily Dosing Benzodiazepine Taper - 16 Weeks EMPOWER Study

Patient Name:	Weeks 1-4: disp 21 tabs Weeks 5-8: disp 13 tablets Weeks 9-12: disp 11 tablets
Patient Medication:	Weeks 13-16: disp 5 tablets Total 16 weeks: # 50 tablets needed

Instructions:



Take half of my normal dose on Monday during Week 1

I took half of my normal dose on Monday during Week 1

Full Dose	Half Dose	Quarter Dose	No Dose
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 Full Dose
  Half Dose
  Quarter Dose
  No Dose

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1-4 21 tabs							
Week 2							
Week 3							
Week 4							
Week 5-8 13 tabs							
Week 6							
Week 7							
Week 8							
Week 9-12 11 tabs							
Week 10							
Week 11							
Week 12							
Week 13-16 5 tabs							
Week 14							
Week 15							
Week 16							