



Industrial Insurance Chiropractic Advisory Committee (IICAC)

Meeting Minutes for April 18, 2024 Hybrid Meeting occurred via Zoom/L&I Headquarters, Tumwater Room S117

Members Present

David Folweiler, DC (Chair) Kelly Golob, DC (Vice Chair) Wini Hamilton, DC Aaron Jorgensen, DC Michael Pettet, DC Sandra Lester, DC Matthew Waldron, DC Robert Curtis, DC

Members Not Present

Michael Covington, DC

L&I Staff

Morgan Young Kim Wallace Suzyn Daniel Zach Gray Jami Lifka Karen Jost Azadeh Farokhi Bob Waring Jennifer Jutte Ji Young Nam Tiffany Meeks Victoria Rich





Hybrid Hints (David Folweiler)

David Folweiler reviewed the settings for participants of the hybrid meeting for optimal video and audio.

Welcome (David Folweiler)

Introductions

IICAC Chair David Folweiler called the meeting to order and led introductions.

Review & Approve Agenda

Committee members reviewed and approved the agenda for the April 18, 2024 IICAC quarterly meeting. Approved and motion carried.

Approve Meeting Minutes from 1/18/2024*

Committee members reviewed the final meeting minutes from the January 18, 2024 meeting and voted to approve. Approved and motion carried.

Safety Tip

Dr. Folweiler presented the safety tip on hiking safety.

Rulemaking for HB 1197 Psychologists as Attending Providers (Jami Lifka)

Jami reviewed HB 1197 which passed in 2023. The purpose of the bill, definitions and examples of work exposures that may result in a mental health-only claim were covered. The bill becomes effective July 1, 2025 and is retroactive. "Attending Provider" is defined and the definition now includes psychologists and physician assistants. WACs with outdated terms such as "attending doctor" will be changed to "attending provider" along with updates to definitions and other terms to be consistent with other bills.

Overview of Chiropractors in Integrated Settings (Kelly Golob)

Kelly discussed the proven effectiveness of chiropractors in certain key areas such as treatment of lower back pain and the savings that would result from increasing coverage of chiropractic care and better public education. Kelly went over the different types of existing models of chiropractic health care that are available including federally qualified healthcare centers, primary care centers, spine





centers, ambulatory care centers and more. Positives and negatives effecting chiropractic care access were reviewed.

Chiropractors in Hospital/Medical Settings (Sandra Lester and Morgan Young)

Sandra discussed challenges and misconceptions regarding chiropractic medicine throughout history into modern day. Morgan reviews the lack of causality between strokes and chiropractic adjustments. The benefits of integration were reviewed such as better patient outcomes, better patient satisfaction and improved claim progression. Patient satisfaction scores were discussed and the potential flaws within that model. Morgan went over some integration strategies and some of the barriers to successful integration. Rachel Kaufman suggested using the AAFP flyer as a method of getting updated messages out about chiropractic care.

Multidisciplinary Discussion (Kelly Golob)

Kelly discussed his expectations as a newly graduated chiropractor in California versus the reality of the opportunities in WA State. Over the years, Kelly has employed various tactics for collaboration including following best practices within his own office, volunteering, giving educational lectures and cold-calling providers from other nearby offices. A discussion ensued within the group about the referral process for chiropractors and access to the CAC for chart review to ensure better coordination of care.

Integrated Occupational Medicine (William Marson)

Bill discussed the chiropractor's role as an attending physician and gave examples of the required knowledge base in order to do so. A discussion ensued within the group about potential training techniques such as work comp management basics, creating a potential tiered structure of knowledge base for providers within L&I and the potential issues and barriers that may arise from instituting a tiered structure or a knowledge test for providers.

Multidisciplinary Pain Care in Private Practice (Aaron Jorgensen)

Aaron gave his background in the field and shared some statistics from a low back pain study which shows that patients who see surgeons first are far more likely to get surgery than those who see a chiropractor first. Aaron asserts that chiropractic providers can be preferable in work comp cases due to their comfort with high volume work, same day access and high patient satisfaction rates. Aaron encouraged the further need for education and discussed methods for successful hiring and building a multidisciplinary team.



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Carpal Tunnel Syndrome Resource (Morgan Young)

Morgan shared the final Carpal Tunnel Syndrome Resource and discussed what updates were made to the literature. Written public comment was available from Feb 12- March 30, two comments were received. Minor corrections and additions were received and completed such as adding B12 and an additional note to thumb abduction. Public comment: Rachel Kaufman said she was very impressed. Call for motion to accept, accepted and motion carried.

Updates

<u>Legislative – Karen Jost</u>

Karen reviewed the legislative bills that were passed this year.

• HB 2041: Physician assistant collaborative practice- has similar effect to HB 1310 and SB5 633

Bills that did not pass:

- HB 1041 and SB 6144: Prescriptive authority of psychologists
- HB 1546: Good faith pain act
- HB 2116 and SB 6019: Prescriptive authority of pharmacists
- SB 5335: Washington health trust
- SB 5995: Professional license for spoken language interpreters and translators

Additional Bills:

SHB 2311: Supporting first responder wellness and peer support- task force to be convened by December 1, will have an L&I participant.

SHB 2127: Workers comp incentives to return to work. Multiple changes, including skill enhancement opportunities not previously covered, increased incentives, and increased maximum amounts payable for certain accommodations.

<u>ACHIEv – Kelly Golob</u>

Kelly reviewed the last ACHIEv meeting in which the committee updated the charter including removing alternates. Dr. Folweiler was voted chair again with John Meier voted vice chair.





PEO/PPQ – Morgan Young

Finished carpal tunnel resource and will begin work on the foot/ankle resource.

Medical Consultant RFQQ – Zach Gray

The Medical Consultant RFQQ was announced; bid response details can be found at <u>Washington's Electronic Business Solution – WEBS for Vendors</u> (WEBS). The committee expressed concerns with initial access and navigating WEBS. Zach updated the committee on the required bid process. Suzyn Daniel reminded attendees that contracts will expire; new bids are needed from current contractors as well.

Public Comment (David Folweiler)

There was no public comment.

Meeting Wrap Up (David Folweiler)

- Agenda and Meeting planning for July 2024: Planning on keeping this as a retreat meeting, please think of topics.
- Retreat Agenda Planning: Potential topics for the Retreat AI Developments or how to properly analyze articles.