

## Industrial Insurance Medical Advisory Committee Meeting

Quarterly Meeting Minutes for **07/27/2023**

Prepared by: Victoria Rich, OMD Admin

### **IIMAC Members Present**

Jiho Bryson  
Greg Carter  
Andrew Friedman (Chair)  
Laurie Gwerder  
Monica Haines  
Kirk Harmon (Vice-chair)  
Chris Howe  
Louis Lim  
Linda Seaman  
Stephen Thielke

### **IIMAC Members Absent**

Mike Codsí  
Robert (Bob) Lang  
Jean-Christophe (JC) Leveque  
Patricia Waring

### **L&I Staff and Presenters**

Susan Abolafya- L&I  
Danny Aguilera- L&I  
Shawn Apperson- L&I  
Suzyn Daniel- L&I  
Sheryl Divina- L&I  
Diana Drylie- L&I  
Molly Dutton- L&I  
Azadeh Farokhi- L&I  
Jason Fodeman- L&I  
Gary Franklin- L&I  
Noha Gindy- L&I  
Lee Glass- L&I  
Kirsta Glenn- L&I  
Zach Gray- L&I

Erich Hahn- L&I  
Karen Jost- L&I  
Sophia Lam- L&I  
Ilana Lehman- L&I  
Kim Mayhew- L&I  
Tiffany Meeks- L&I  
Jason McGrew- L&I  
Shauna Muendel- L&I  
Ji Young Nam- L&I  
Amy Nielsen- L&I  
Victoria Rich- L&I  
Chuck Shifren- L&I  
James Simonowski- L&I  
Jessica Sullivan- L&I  
Amar Tawana- L&I  
Amy Updike- L&I  
Kim Wallace- L&I  
Cheri Ward- L&I  
Bob Waring- L&I  
Vernonda Williams- L&I  
Morgan Young- L&I

### **Public Commenters/Participants**

Lloyd Brooks- NurseWorks NW  
Tricia Daniel- WSIA & NurseWorks NW  
Shari Fowler-Koorn- Comagine  
Teri Smith-Weller- UW  
Mariko Yatsu- AGO

### Welcome and Call to Order

\*Call to order at **1: 03pm**

^^Quorum **present**

### Hybrid Helpful Hints (Suzyn Daniel)

### Introductions (Andrew Friedman)

-Amy Updike, Nursing Director

### Approve Minutes (Andrew Friedman) From 4/26/2023:

\*First motion: Bob Lang

\*Second motion: Monica Haines

^^No opposed/all approved

### Safety Tip (Andrew Friedman)

Safety tip on the warning signs of secondary drowning

### ACHIEv Summary (Kim Wallace)

ACHIEv covered five different topics including the discussing the charter's purpose statement, the operational health dashboard, early access to conservative care, the COHE improvement project and an update on the medical consultant solicitation.

### Lumbar Spine Surgery CME Module (Azadeh Farokhi and Victoria Rich)

Azadeh Farokhi presented the most recent draft of the Lumbar Spine Surgery CME module and got feedback from the group on the format and accessibility.

### Current UR Process: Quality of Care Concerns (Shauna Muendel)

Shauna Muendel discussed a program overview of Utilization Review, the quality of care in the field data, some quality of care issues, current progress and some next steps to improve quality of care.

**BREAK: 3:00pm**

### Post-Traumatic Stress Disorder (Gary Franklin and Stephen Thielke)

Gary Franklin and Steven Thielke presented on PTSD definitions, DSM criteria such as a substantial stressors, intrusion symptom and negative alterations in cognition. There are strong evidence based recommendations on treatments for PTSD, getting second opinions on presumptive diagnoses, common concurrent mental health conditions, and RTW with a PTSD diagnosis was discussed. Findings include that the DSM is not often followed, the second opinions usually delay the process and measures that can be used by AP's to determine a diagnosis.

\*Actions taken or requested

^^Decisions made

Kim Wallace commented that LNI has committed to a PTSD project within the next year as a top priority on how to improve the claim process for PTSD and determining what is appropriate high quality treatment.

#### **By-Laws Reviewed (Suzyn Daniel) 3:57pm**

Suzyn Daniel updated the attendees on the by-laws. On the current contract for IICAC and IIMAC, the group is working to streamline and standardize contract language, with the goal of completing a draft by October. By-laws will need to be updated and two interested IIMAC members are needed to work with the chair and the vice chair to start working on the updates.

#### **Finalize Retreat Agenda (Suzyn Daniel and Andrew Friedman)**

Suzyn Daniel and Andrew Friedman sought additional topics for the IIMAC retreat that align with OPMA. Additional potential topics discussed were a universal guideline, utilization review, risk of harm and provider education.

#### **Updates: pm (Gary Franklin, Zach Gray, Suzyn Daniel)**

- **Opioids (Gary Franklin)** L & I continues to work with workers who are getting COT. The 2022 update of CDC guideline removed the opioid dosing threshold, some poor outcomes have resulted.
- **Medical Consultant Solicitation (Suzyn Daniel and Zach Grey)** HPU is currently working on an RFQQ for specialty medical consultants to work in conjunction with the ONC's to improve claim outcomes.

#### **Public Comments 4:32pm**

None

#### **Wrap-Up (Andrew Friedman)**

Meeting adjourned at **4:33 pm**