

# Tip Sheet



A series of health and safety tips to prevent work-related injuries in the trucking industry

## Truck Maintenance Tips for Drivers

### Keep yourself and others safe

Maintain your truck and equipment in good working order. This will keep you and others safe - and it's the law.

### Daily

Check tires, lights and turn signal/hazard flashers for your tractor and trailer at the start of every trip. Use your employer provided checklist.

CFR Title 49, Parts 396.11 and 396.13

### Routine maintenance

Regular preventive maintenance inspections may be based on time or mileage. Check the vehicle's manual for the manufacturer's recommendations for maintenance. Pay special attention to items such as:

- Brakes.
- Steering.
- Tires.
- Mirrors and any features allowing the driver to see clearly (such as CCTV cameras).
- Windshield washers and wipers.
- Steps, walkboards or ladders.
- Pneumatic or hydraulic hoses, outriggers, liftgates, hoists or other material handling features.
- Headboard racks and load attachment points (hooks and winches).

### For more information

- **Equipment, inspection, and use** CFR Title 49, Part 392.7
- **Inspection, repair, and maintenance** CFR Title 49, Parts, 396.1 through 396.25
- **Safe workplace** WAC 296-800-110
- **Forklifts** WAC 296-863-300

**Employers** - Be sure employees are properly trained in maintenance procedures.

**Employees** - Ask for help if you're not sure how to complete a task.



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