Don’t Fall for It
Truck Drivers -- Protect Yourself from Falling While Loading and Unloading

Prevent falls while loading and unloading

■ Use full width dock plates
■ Remove slip and trip hazards
■ Check your load for broken pallets or loose banding
■ Get help for loads not manageable by one person
■ Use loading and unloading equipment that is appropriate for the load materials
■ Check trailer access steps, ladders, and handholds. Report if broken
■ Wear suitable footwear
■ Identify hazards, eliminate them

Identify it, deal with it
These injuries don’t just happen

Contact: ___________________________ Phone: ________________

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